Unity as Christianity

In a recent Sunday talk co-minister Shad Groverland shared inspiring and insightful elements that related the essential definition of Unity, as Christian. And there is much to be understood from Shad’s statement, “Unity is Christianity the way Jesus meant it to be.” First, let’s be aware that when Charles Fillmore wrote the Unity credo defining Unity, almost strictly, as “a continuation of the educational system inaugurated by Jesus Christ” he wrote in the late eighteen hundreds while living in Kansas City Missouri—a time when Eastern Spirituality, Eastern Mysticism were just about non-existent in America and are still non-existent in Missouri.

To be sure, Charles Fillmore studied many of the Religions and spiritual disciplines of India and the far east before writing his credo. And as I was taught in the Unity Ministerial School, Charles studied the Eastern Religions seeking to discover what spiritual ideas they agreed on—and not where they were in disagreement. Thus, the name Unity was chosen by the Fillmores to represent the agreed upon Truths at the heart of every major religion, East and West. Charles and Myrtle Fillmore also chose the Bible and the teachings of Jesus (correctly and Metaphysically interpreted) as the basic Unity guidelines—mainly because their “New Thought Approach” was tailored to the majority of Americans at that time who were only familiar with the Bible. It is also considered true that Jesus studied the deeper, esoteric truths of Judaism (Kabbalah) and traveled to India and the “Far East” where he studied tenets and practices of the Eastern Religions before returning to teach in his home country of Israel.

In short, Unity is a mind-opening, life-transforming collection of Universal Truths. Christian, yes, but not exclusively Christian.

Your Friend On The Path, Jack

Norma’s Natural Healing

Edgar Cayce Remedies

Dandruff
Fill a small spray bottle with half distilled water and half apple cider vinegar. Spray scalp before going to bed. You will see amazing results.

Arthritis
To avoid arthritis completely, have a full-body peanut oil rub every week. Otherwise, massage peanut oil into the area each day whenever you can. Visualize it working while you are doing it. Carry a small vial everywhere with you and massage the area at every opportunity.

Heritage Store Peanut Oil ($12) and An Edgar Cayce Home Medicine Guide ($12.95) are available for purchase in our bookstore, OM Books & Gifts.

You don’t have to...

...have a consistent spiritual practice
...meditate or pray every day
...use affirmations every day
...be kind & positive every day
...help others every day

You don’t even have to use any of the spiritual tools we talk about in Unity

But you will be really hard-pressed to find a spiritually evolved individual who doesn’t

Shad
Dance is Coming in May
Nia combines dance choreography, martial arts and mindful techniques resulting in a revolutionary approach to fitness.

FREE INTRODUCTORY CLASS
Sunday, May 5 @ 1:30 pm
in Fellowship Hall

Class schedule begins Tuesday, May 7, 8 & 9
Weekly classes on Tuesday, Wednesday & Thursday
9:00 - 10:00 am in the Fellowship Hall
All ages and genders welcome

New Changes to Ongoing Unity Groups

Conscious Communication Practice Group
NEW DAY & TIME
starting April 11th
2nd & 4th Thursdays
7:00-9:00 pm

Spiritual Spelunkers
(formerly NGU)
NEW DAY
starting April 7th
1st & 3rd Sundays
Time remains 12:15 pm

Let's EAT!
BRINGING FOOD TO SHARE WITH OTHERS!!
Please bring a food item to share with everyone after the 9:00 or 11:00 am service on Sundays

Unity Community Garden
PLOTS AVAILABLE
Spring is here, and our community garden season is starting. We would love to share our bountiful garden space with you!

- $25 donation = small plot
- $50 donation = medium plot
- $75 donation = large plot
(Donations go toward defraying the cost of water.)
Reserve your plot in the bookstore starting April 7th

Sunday School
Easter Egg Hunt
Easter Sunday at 9 & 11 am

SELF-AWARENESS
a Spiritual Education & Enrichment Class
To be self-aware is to realize the dimensions of self and the states of those dimensions. Participants will become more conscious of their attitudes, beliefs and ways of being, and learn how to integrate spiritual principles to maintain balance and to honor all facets of their being.

7-week class led by Shad Groverland
April 14 - May 26 on Sundays @ 2:00 pm
$85 until April 13; $100 starting April 14

Order your lily for $15 online or in the lobby

These beautiful lilies will decorate the Sanctuary on Easter Sunday and then we invite you to take them home to enjoy.
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
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<tbody>
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<td>Monday Meditation 5:30 pm</td>
<td>Al-anon 1:30 pm Prosperity Group 6 pm</td>
<td>Strengthening Yoga 5:45 pm Mid-Week Service 7 pm</td>
<td>Senior Support Group 2 pm ACIM Perennials 6:30 pm Choir Rehearsal 6:30 pm</td>
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<tr>
<td>April 14th is the last day to order Easter Lilies!</td>
<td>Monday Meditation 5:30 pm ACIM 6:30 pm</td>
<td>Divorce Support 7 pm</td>
<td>Al-anon 1:30 pm Prosperity Group 6 pm Getting Ready for Your Next Relationship 6:30 pm</td>
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Unity provides free childcare for all of our groups with 48 hours advance notice to our office. Please call 303-442-1411 to make arrangements.

Please visit our website calendar at unityofboulder.com for the most up-to-date information.